



# ENSURING STANDARDS OF QUALITY OF LIFE IN A TURBULENT WORLD

**Monograph**

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# **Ensuring Standards of Quality of Life in a Turbulent World**

Monograph

Scientific editors: Tadeusz Pokusa  
and Tetyana Nestorenko

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### **5.3. The prospectives of Combat Horting in the military patriotic education of a successful personality: pupils, students and cadets (experimental work)**

**Introduction.** During the independence of Ukraine in the state policy in the field of education there have been global changes in giving priority and importance to patriotic education. Requirements for military-patriotic education of the personality are defined in the regulations of the Government of Ukraine and other acts of legislation. Thus, the Strategy of National-Patriotic Education, approved by the Decree of the President of Ukraine of May 18, 2019 № 286, indicated that the national-patriotic education in Ukraine is one of the priorities of the state and society to develop national consciousness on the basis of public and state (national) values (identity, will, catholicity, dignity), formation of citizens' sense of patriotism, respect for the Constitution and laws of Ukraine, social activity and responsibility for entrusted state and public affairs, readiness to fulfill the duty to protect the independence and territorial integrity of Ukraine, confession of European values.

Military-patriotic education is an important means of civic education.

Establishing respect for the state language, raising its prestige among citizens is an important aspect of the formation and development of personality and the basis of military-patriotic education.

The urgency of military-patriotic education of citizens is due to the need for consolidation and development of society, modern challenges facing Ukraine and require constant improvement of military-patriotic education [17, p. 53; 19, p. 606-607].

Combat Horting is a national professional and applied sport of Ukraine. This is a high and responsible appointment. Its creation at the beginning of the XXI century can be considered the time of introduction in 2008 in Ukraine and abroad, the founder of all Ukrainian horting E. Yeromenko new to the sports community, he invented the name «Horting», competition rules and training system for athletes which were not used until now. Currently, Combat Horting works to help improve the functional training of law enforcement officers, as well as cadets and

students of specialized departmental institutions of higher education [1-20]. From elementary school pupils begin to train intensively in «Combat Horting» clubs, and from the age of ten – they perform at competitions of various levels.

Thus, the prospectives of Combat Horting in the military patriotic education of a successful personality: pupils, students and cadets are currently relevant research, and thus for athletes during distance learning [13; 14].

**Analysis of recent publications.** (Dikhtiarenko, Z. (Distribution to schoolchildren about readiness to defend the Fatherland, active life position and sober way of life in the process of Horting, 2017); Yeromenko, E., Kukushkin, K. (Combat Horting as a means of military-patriotic education of high school students, 2020); Zubalii, M., Ivashkovskii, V., Ostapenko, O., Tymchyk, M., Shapovalov, B., Dikhtiarenko, Z., Bilotserkivets, I. (Military-patriotic education of pupils in extracurricular activities, 2016); Udovytsky, O., Yeromenko, E., Kukushkin, K. (Horting as a means of physical training of high school pupils for military service, 2014); I. Sulima, E. Eremenko, K. Kukushkin, S. Poltoratsky (Combat Horting – a national sport and school of preparation for the Ukrainian warrior, 2019); Kukushkin, K. (The state of militarypatriotic education of senior classes of pupils by means of Combat Horting (approbation of research materials), 2021); Ostapenko, O., Zubalii, M., Dikhtiarenko, Z. (Military-patriotic education of pupils and students-hortingists as a basis of a healthy way of life in the conditions of ideological and ideological confrontation, 2020; Dovgan, N., Fedorchenko, T., Yeromenko, E., Dikhtiarenko, Z., Kukushkin, K., Lavrentiev, O., Sergienko, Y., Khatko, A., Khimich, V., Shcherbina, Y., Pustoliakova, L., Hulai, V., Demchenko, N., Hrek, T., Vaskivska, T., Yeromenko, V., Ovsiukova, O., Zub, R., Melnik, B. (Horting as the tool of comprehensive education of pupils, students, and cadets, 2021); Malynskyy, I., Boyko, V., Dovgan, N., Dikhtiarenko, Z., Yeromenko, E., Fedorchenko, T., Lytvynenko, A., Khatko, A., Pustoliakova, L., Ostapenko, O., Zubalii, M., Khimich, V., Koval, A., Zhivolovich, S., Korobchenko, A., Ostapchuk, L. (Horting as a Means of Physical Education for Pupils and Students, 2020) makes it possible to state the fact that this scientific

research should be conducted, and the results of experiments should be published in publications in Ukraine and abroad.

Thus, the purpose of the publication is specified – the prospectives of Combat Horting in the military patriotic education of a successful personality: pupils, students and cadets.

To solve the purpose of the publication we used research methods: selection and theoretical analysis of literature sources on the research topic, synthesis of relevant publications, pedagogical observation, questionnaires.

**Connection with scientific topics.** Thus, the choice and theoretical analysis of literature sources on the research topic, the synthesis of relevant publications allow us to conclude that our study is relevant and aimed at implementing the results of research work in secondary and higher education [1-20]. Therefore, the research is carried out according to the research works: 1) Research Institute of SFBPR UDFS of Ukraine for 2017-2020 on «National sport Horting as a means of physical education of student» (state registration number 0118U001989); for 2021-2026 «Increasing the physical capacity of various groups of people in the process of physical culture and sports» (state registration number 0121U113261); 2) Institute of Education Problems of the National Academy of Pedagogical Sciences of Ukraine for 2020-2022 on the general theme: «Military-patriotic education of students in the ideological confrontation» (state registration number 0120U100443); 3) Department of «Theories and Methods of Physical Education» of the Private Higher Educational Institution «Ukrainian Institute of Arts and Sciences» for 2021-2026 on the topic «Principles of a healthy lifestyle in the system of physical education» (state registration number 0121U113032).

**Discussion of research results.** Military-patriotic education acquires the character of systematic and purposeful activity of state authorities, local self-government bodies, educational institutions, civil society organizations, citizens to form a high national and patriotic consciousness, a sense of devotion to their Ukrainian state.

The system of national-patriotic education is based on the idea of strengthening Ukrainian statehood as a consolidating factor in the development of society, the formation of patriotism and the establishment of national values.

Implementation of the Strategy of national-patriotic education of children and youth for 2017-2020 is carried out in accordance with the plan approved by the Cabinet of Ministers of Ukraine of October 18, 2017 № 743. The plan provides for a number of measures, the main executors of which are central and local executive authorities, local governments, National Academy of Pedagogical Sciences of Ukraine, public associations.

In particular, the Ukrainian Institute of National Memory and the Ministry of Culture of Ukraine are instructed in 2018 to develop recommendations for public authorities to rename legal entities under their management, the names of which contain elements of symbols associated with the colonial past in honor of participants the Ukrainian liberation movement, the Ukrainian revolution of 1917-1921, wars, persons who took part in the defense of the independence, sovereignty and territorial integrity of Ukraine, as well as in the anti-terrorist operation, the Ministry of Education and Science of Ukraine together with the National Academy of Pedagogical Sciences of Ukraine in 2018-2020 is instructed to provide to envisage during the preparation of laws of Ukraine in the field of education separate articles on state, civil, national-patriotic, legal, ecological education, the Ministry of Defense of Ukraine, the Ministry of Education and Science of Ukraine and the Ministry of Youth and Sports of Ukraine in 2018 to develop and formulate new standards of military-applied professions that meet the requirements of time, socio-economic and political system of modern Ukraine, etc. [19, p. 607-608].

Thus, on the basis of regulations, the scientific substantiation of the prospectives of Combat Horting in the military patriotic education of a successful personality: pupils, students and cadets was remotely recognized as follows – K. Kukushkin developed questions for a certain category of persons.

After pedagogical observations (three trainings) on conducting the theoretical part of the Combat Horting lesson remotely and in person (respectively 1 and



2 lessons) K. Kukushkin developed questions and uploaded by the coach to the group of cloud services Google. Athletes of the Combat Horting group «Combat Horting» for a certain time, on a certain day had to read the questions and write the correct answer in two or three sentences (in their opinion), after listening remotely and in person theoretical material on the topic: «The perspectives of Combat Horting in the military patriotic education of a successful personality: pupils, students and cadets» (experimental work):

1. Please explain the concept of «Combat Horting».
2. Please explain the concept: «military-patriotic education».
3. Please explain the concept: «practically healthy».
4. Please explain the concept of «pupils».
5. Please explain the concept of «students».
6. Please explain the concept of «cadets».
7. Please explain the concept of « training».
8. Please explain the concept of «successful person».
9. Do you think is there a prospect in Combat Horting in the military-patriotic upbringing of a successful personality (pupils, students and cadets).
10. Please explain the value of your age.

L. Grechana question to the pupils-athletes of the fourth grade Combat Horting:

1. What is the name of your Combat Horting coach?
2. In which competitions did your coach participate? Is this a success?
3. How many days a week do you train in Combat Horting?
4. What do you think, a Combat Horting athlete should be a patriot of his Motherland?
5. In addition to physical training, what other knowledge do you get during Combat Horting training?
6. Do you want to be like your Combat Horting coach?
7. Do you agree with the saying that a coach is a second parent?
8. Rate from 1 to 12, are you satisfied with the training?
9. How many Combat Horting trainers do you know?

10. Which of the Combat Horting trainers would you like to train with?

### **Conclusions.**

1. Lists projects, measures of national-patriotic education aimed at the formation and development of young people such important socially significant qualities as civic maturity, love of Motherland, responsibility, sense of duty, loyalty to national traditions, the desire to preserve and strengthen historical and cultural values, which will increase its activity in solving the most important problems of society.

2. The purpose of military-patriotic education of high school students by means of Combat Horting – development in the personality of a Combat Horting athlete of high social activity, civic responsibility, morality, spirituality, becoming a person with positive values and qualities able to manifest and implement them in social and creative process in the interests of the Motherland [16, p. 278; 17, p. 57].

3. The purpose of physical training of law enforcement officers, students and cadets of specialized departmental institutions of higher education by means of Combat Horting is the formation of physical and psychological readiness for successful performance of operational and service and combat tasks in accordance with its purpose, skillful use of physical force, techniques of Combat Horting and special means to stop various illegal manifestations, as well as ensuring high efficiency of ordinary and senior staff in the process of official activity [15, p. 5].

4. The purpose of the publication is determined: the prospectives of Combat Horting in the military patriotic education of a successful personality: pupils, students and cadets (experimental work) – has been achieved.

The next topic of the publication is the development of tests with the levels of knowledge of athletes of the group «Combat Horting» about the formation of military-patriotic education in a successful person: pupils, students and cadets, which will reflect the prospects for further research and confirm the relevance and timeliness of the chosen topic.

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**5.2. Nadiia Dovgan, Olena Otravenko, Anatolii Dehtyaryov. Structural study of the levels of health, physical and tactical fitness, functional and psycho-emotional states in Combat Horting athletes.** The data of summative assessment results of the structural study of the level of health, physical and tactical fitness, functional and psycho-emotional states were presented by the authors of the article Structural study of the levels of health, physical and tactical fitness, functional and psycho-emotional states in Combat Horting athletes. The results obtained at the end of the first stage of the assessment aimed at motivation identification in athletes engaged in Combat Horting. The levels of physical health, physical fitness, functional and psycho-emotional states are also determined. Dependencies between indicators of health levels, physical development and physical fitness, functional and psycho-emotional states in Combat Horting athletes were elucidated.

**5.3. Kostiantyn Kukushkin, Eduard Yeromenko, Zoia Dikhtiarenko, Larisa Grechana. The prospectives of Combat Horting in the military patriotic education of a successful personality: pupils, students and cadets (experimental work).** The authors of the publication through the listed projects, measures of national-patriotic education aimed at the formation and development of pupils, students and cadets of such important socially significant qualities as civic maturity, love for the Fatherland, responsibility, sense of duty, loyalty to national traditions, the desire to preserve and strengthen historical and cultural values. The development and formation of these qualities will contribute to the growth of activity of this contingent in solving the most important problems of society. Theoretically revealed the ability of Combat Horting to form a military-patriotic education in a successful person: pupils, students and cadets. The questions developed by K. Kukushkin and L. Grechana for a specific category of persons on the topic: «The prospectives of Combat Horting in the military patriotic education of a successful personality: pupils, students and cadets» (experimental work) are listed.

**5.4. Zoia Dikhtiarenko, Andrii Steshyts, Vitaliy Kostenko. The influence of vitamins on the preservation and strengthening of health in school and student youth, cadets: Combat Horting athletes (experimental work).** The authors of the scientific publication «The influence of vitamins on the preservation and strengthening of health in school and student youth, cadets: Combat Horting athletes (experimental work)» listed the main regulatory and legal documents of Ukraine, which provide for the preservation and strengthening of the health of Ukrainians; the topics of conversations (author Z. Dikhtyarenko) are listed. These topics are desirable to conduct during training, the educational process, and, especially, remotely, in order to preserve and strengthen the health of Combat Horting athletes (and, if possible, under conditions of martial law). And questions for pupils and student youth, cadets (author V. Kostenko), and also multiple choice questions for pupils and student youth, cadets (authors A. Steshyts and V. Kostenko). Based on the developed questions (author A. Steshyts), Z. Dikhtyarenko developed a table: «Levels of knowledge formation after listening to conversations on a general topic: «The influence of vitamins on the preservation and strengthening of health by school and student youth, cadets: sportsmen of Combat Horting».

Z. Dikhtyarenko and A. Steshyts agree that the development of the structure and components of the concept of «health» in scientific literature has acquired various modifications many times: physical, mental, spiritual (graphic representation

## **Part 5. Combat Horting as a means of physical education of a harmoniously developed, successful, a vitally active personality – pupils, students and cadets: results of research work**

- 5.1.** *Tetiana Fedorchenko* – Doctor of Pedagogical Sciences, Associate Professor  
Institute of Problems on Education of the National Academy of Pedagogical Sciences of Ukraine, Kyiv, Ukraine  
*Zoia Dikhtiarenko* – PhD of Pedagogical Sciences, Associate Professor  
Horting and Rehabilitation Educational and Scientific Institute of Special Physical and Combat Training and Rehabilitation University of the State Fiscal Service of Ukraine, Irpin, Ukrainian Institute of Arts and Sciences, Bucha, Ukraine  
*Tamila Berezyna* – PhD of Pedagogical Sciences, Senior Researcher, Scientific Secretary  
*Halyna Kolomoiets* – PhD of Pedagogical Sciences, Senior Researcher  
Institute for Modernization of the Content of Education, Kyiv, Ukraine.
- 5.2.** *Nadiia Dovgan* – Doctor of Pedagogical Sciences, Associate Professor  
State Tax University, Irpin, Ukraine  
*Olena Otravenko* – PhD of Pedagogical Sciences, Associate Professor  
Luhansk Taras Shevchenko National University, Poltava, Ukraine  
*Anatoliy Dehtyaryov* – Master Student  
State Tax University, Irpin, Ukraine.
- 5.3.** *Kostiantyn Kukushkin* – Scientific Correspondent  
Institute of Educational Problems of the National Academy of Pedagogical Sciences of Ukraine, Kyiv, Ukraine  
*Eduard Yeromenko* – PhD of Pedagogical Sciences, Professor  
University of the State Fiscal Service of Ukraine, Irpin, Ukraine  
*Zoia Dikhtiarenko* – PhD of Pedagogical Sciences, Associate Professor  
Horting and Rehabilitation Educational and Scientific Institute of Special Physical and Combat Training and Rehabilitation University of the State Fiscal Service of Ukraine, Irpin, Ukrainian Institute of Arts and Sciences, Bucha, Ukraine  
*Larisa Grechana* – Teacher, Dispute Master of Ukraine; World and European Champion, Trainer of Combat Horting  
Primary School, Kyiv, Ukraine.
- 5.4.** *Zoia Dikhtiarenko* – PhD of Pedagogical Sciences, Associate Professor  
Horting and Rehabilitation Educational and Scientific Institute of Special Physical and Combat Training and Rehabilitation University of the State Fiscal Service of Ukraine, Irpin, Ukrainian Institute of Arts and Sciences, Bucha, Ukraine  
*Andrii Steshyts* – Deputy Head of the Department  
*Vitaliy Kostenko* – Student  
Ukrainian Institute of Arts and Sciences, Bucha, Ukraine.

